

Parent Support Resource Guide

ADHD

Autism Spectrum Disorder

Deaf/Hard of Hearing

Emotional Disability

Intellectual Disability

Learning Disability

Medical Conditions

Visual Impairment

Additional Supports

The resources listed here are provided for informational purposes only. They do not reflect recommendations or endorsements by Fairfax County Public Schools (FCPS) or the FCPS Parent Resource Center.



ADHD Support Resources

ADDitude

<http://directory.additudemag.com/>

Directory of professionals available to support individuals with ADHD.

ADDitude Magazine

newsletter@additudemag.com

Information, strategies and support for ADHD and LD children and adults. Webinars, descriptions and information about ADHD, treatments, and a directory of ADHD professionals to help parents with resources for success

ADHD Resource Group

www.adhdnova.org

Provides information and referring professionals with expertise in ADHD, focusing on the Attention Deficit Disorder and Executive Function deficit community and also those with co-existing disorders and learning challenges. Email: adhgrp@verizon.net

CHADD

<http://www.chadd.org>

Information and support groups for parents of children with attention deficit disorders, adults with attention deficit disorders, and others dealing with people affected by attention deficit disorders.

CHADD of Northern Virginia

www.meetup.com/novachadd

Understood - For Learning and Attention Issues

<https://www.understood.org/en>

Resources and support for parents to help their children unlock strengths. Offers access to experts, practical tips and technology.

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Autism Spectrum Disorder Support Resources

Autism Learning Center (ALC)

<http://autismlearningcenter.org>

This Center works with ABA services for children with autism in Northern Virginia. They create individualized programs to meet the needs of each child based on clinical experience and research in Applied Behavior Analysis with emphasis on communication skills, self-help skills, and social skills in the natural environment.

Email: autismic@aol.com; Phone: 703-506-1930

Autism Parenting Magazine

<https://www.autismparentingmagazine.com>

A magazine giving family access to advice from professionals, therapies to help your child, the latest research and real life stories from parents of children on the spectrum.

Autism Society of Northern Virginia (ASNV)

www.asnv.org

ASNV provides information on research, treatments, and support to individuals with autism and their families in the Northern Virginia area.

Autism Speaks

<https://www.autismspeaks.org/>

Autism Speaks staff are specially trained to connect families with information, resources and advocacy. Many **Tool Kits** to support parents. Staff members are available to answer calls and emails from 9 am to 1 pm local time. Phone: 888- 288-4762

For resources specific to Virginia, go to:

www.autismspeaks.org/resource-guide/state/VA

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Autism Spectrum Disorder Support Resources

Care Connection for Children

<http://www.inova.org/inova-in-the-community/care-connection-for-children/index.jsp>

Serves as a resource for families with children who have special needs.

Falls Church, Virginia

Email: CareConnectionforChildrenNoVa@inova.org

Phone: 703-531-3131

DC Autism Parents (DCAP)

<http://www.dcautismparents.org/>

Support group meetings, autism buddies, playgroup, and lending library

Email: info@dcautismparents.org

Phone: 202-271-9262

Fairfax County Publications and Resources

www.fairfaxcounty.gov/csb/publications/autism-resources.htm

Resource list of different community services and research in Fairfax County, Virginia, compiled by the Fairfax-Falls Church Community Services Board.

Infant and Toddler Connection

www.infantva.org/documents/wkg-autismautismresrouces.pdf

Virginia's system of early intervention supports and services for infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. Includes a wide range of family-centered services, resources and supports.

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Autism Spectrum Disorder Support Resources

L.E.A.P. Ahead, Inc.

<http://www.leapahead.org>

L.E.A.P. Ahead offers therapy programs designed for children from age 18 months to 16 years who are diagnosed with Autism Spectrum Disorder and other related disorders. Phone: 703-392-6166

OASIS

<http://www.aspergersyndrome.org/>

Online support for families, individuals and professionals.

Email: info@aspergersyndrome.org

Parents of Autistic Children of Northern Virginia (POAC-NOVA)

<http://www.poac-nova.org/>

Support group meetings, workshops and resources for parents of children with autism spectrum disorder. Fairfax, Virginia

[POAC-NOVA Brochure](#)

Email: President@POAC-NoVA.org

Email: Concerns@POAC-NoVA.org

PEATC – Parent Educational Advocacy Training Center

<http://www.peatc.org/>

Assists local families of children with disabilities through education, information, and training. Falls Church, Virginia

Email: Partners@peatc.org

Phone: 703-923-0010

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Autism Spectrum Disorder Support Resources

Quirkster Kids

<http://www.meetup.com/Quirkster-Kids/>

A group for kids, ages 7 – 13 who are quirky, unique individuals looking to expand their friend group. Alexandria, Virginia

Sesame Street and Autism: See Amazing in All Children

www.autism.sesamestreet.org

A nationwide initiative aimed at communities with children ages 2 to 5. **See *Amazing in All Children*** offers families ways to overcome common challenges and simplify everyday activities, all around autism spectrum disorder.

Special Needs Kids

<http://specialneedskidsinfo.com/WashingtonDCSupportGroups.html>

Information, resources and support groups for parents in the DC area.

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Deaf/Hard of Hearing Support Resources

Alexander Graham Bell Association

<http://www.listeningandspokenlanguage.org/>

Resources, information, tips and help for families of children with hearing loss.

Phone: 202-337-5220

American Speech-Language-Hearing Association

www.asha.org

Resources for families with children who have speech and hearing delays.

Phone: 800-638-8255

Care Connection for Children

<http://www.inova.org/inova-in-the-community/care-connection-for-children/index.jsp>

Serves as a resource for families with children who have special needs, helping families coordinate community and education resources.

Email: CareConnectionforChildrenNoVa@inova.org

Phone: 703-531-3131

Northern Virginia Cued Speech Association

www.nvcsa.org

E-Newsletter, training videos and Cue Camp!

Email: info@nvcsa.org

Northern Virginia Resource Center

www.nvrc.org

Fact sheets, ASL workshops and interpreting services

Email: info@nvrc.org

Phone: 703-352-9055

TTY: 703-352-9056

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Deaf/Hard of Hearing Support Resources

Virginia Department for the Deaf and Hard of Hearing

<https://www.vddhh.org/>

The Virginia Department for the Deaf and Hard of Hearing offers contacts, information and resources available in the state.

Phone: 804-662-9502 V/TTY;

Toll Free: 800-552-7917 V/TTY

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Emotional Disabilities Support Resources

EDFairfax

<http://groups.yahoo.com/group/edfairfax/>

A parent run internet support group for parents and guardians of children with emotional disabilities living in Fairfax County.

INOVA Kellar Center

<https://www.inova.org/healthcare-services/inova-kellar-center/services>

Provides behavioral health services for children, adolescents and their families. These services include intensive inpatient and outpatient programs for Mental Health and/or substance abuse related disorders.

Located in Fairfax, Virginia

Phone: 703-218-8500

Mental/Behavioral Health Centers

24-hour emergency services, diagnosis and treatment for children, teens and adults

Phone: Alexandria: 703-660-8100—Behavioral Health Outpatient Center

Phone: Fairfax-Falls Church: 703-218-8500--Inova Kellar Center

Mental Health.gov

www.mentalhealth.gov

One-stop access to U.S. government mental health information and resources.

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Emotional Disabilities Support Resources

NAMI of Northern Virginia

www.nami-northernvirginia.org

FREE support group open to all family members and friends of individuals living with mental illness. Monthly meetings held in Arlington and Springfield.

Phone: 703-968-4007

National Association of School Psychologists

<http://www.nasponline.org/families/index.aspx>

Online support, resources and information for families

Phone: 301-657-0270

National Federation of Families for Children's Mental Health

<http://ffcmh.org/>

Online support and resources dealing with implementation of policies, legislation, funding and service systems that utilize strengths of families to support children with mental health needs.

Email: ffcmh@ffcmh.org

Phone: 240-403-1901

National Institute of Mental Health (NIMH)

<https://www.nimh.nih.gov/index.shtml>

Part of The National Institutes of Health, this section deals with understanding and treatment of mental illnesses through basic and clinical research.

Phone: 800-273-TALK (800-273-8255)

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Emotional Disabilities Support Resources

Northern Virginia Mental Health Institute NVMHI

www.nvmhi.dbhds.virginia.gov/

This is a short-term hospital to provide intensive treatment to individuals with acute mental health needs living in Northern Virginia between the ages of 18 and 65. Family therapy services are provided as well.

Falls Church, Virginia

Phone: 703-207-7100

Virginia State Mental Health Facilities

www.dbhds.virginia.gov/about-dbhds/facilities

List of state facilities that provide structured, intensive services for people of Virginia who have a mental illness, intellectual disabilities or are in need of substance abuse services.

Phone: 703-207-7100

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Intellectual Disabilities Support Resources

Best Buddies of VA/Capital Region

www.bestbuddiesvirginia.org

Opportunities for one-to-one friendships and events.

Phone: 703-533-9420

Brain Injury Services

www.braininjurysvcs.org

Educational support for parents of children with brain injury. Community-based services, case management and day support programs.

Email: info@braininjurysvcs.org

Phone: 703-451-8881

Care Connection for Children

<http://www.inova.org/inova-in-the-community/care-connection-for-children/index.jsp>

Serves as a resource for families with children who have special needs, helping families coordinate community and education resources.

Falls Church, Virginia

Email: CareConnectionforChildrenNoVa@inova.org

Phone: 703-531-3131

Chimes Virginia

www.chimes.org

Provides community services for children and adults with intellectual and developmental disabilities and co-occurring disabilities. Services emphasize choice, diversity of opportunities and full community participation for all ages.

Located in Fairfax, Virginia

Phone: 703-267-6558

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Intellectual Disabilities Support Resources

Down Syndrome Association of Northern Virginia

www.dsanhv.org

Support for parents of children with Down syndrome, including ListServ, social events, financial, medical, legal support and resources.

Falls Church, Virginia

Phone: 703-621-7129

Easter Seals Child Development Center

<http://www.easterseals.com/DCMDVA/>

Information, resources, and advocacy for parents of children who need early intervention, or have special health conditions or intellectual disabilities.

Fairfax County Government

<http://www.fairfaxcounty.gov/dfs/disabilities/>

Resources and services available in Fairfax County for people with intellectual and developmental challenges.

Lutheran Family Services

www.lfsva.org

Provides community based services to help families of children and adults (ages 5-22) with intellectual and developmental disabilities.

Phone: 800-359-3834

Spinal Cord Injury Network

www.spinalcordinjury.net

Support counseling group for individuals and families.

Email: Scin.kimball@yahoo.com

Phone: 703-525-3268

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Intellectual Disabilities Support Resources

Virginia Disability Resources and Advocacy Organizations

[https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6679-Virginia Disability Resources and Advocacy Organizations](https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6679-Virginia%20Disability%20Resources%20and%20Advocacy%20Organizations)

State-specific organizations and resources to support people with physical, intellectual and developmental disabilities, and help people advocate for themselves.

The Arc of Northern Virginia

<http://www.thearcofnova.org/>

Offers support group list, resources and information on many topics to help children and adults with intellectual and developmental disabilities and their families. These include transitioning, Medicaid waivers, guardianship resources, educational strategies, and special needs trusts.

Falls Church, Virginia

Email: info@thearcofnova.org

Phone: 703-208-1119

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Learning Disabilities Support Resources

Celebrating Special Children

www.celebratingspecialchildren.org/main/community-resources/

Newsletters and many different resources for individuals with disabilities in Virginia.

Center for Parent Information and Resources

<http://www.parentcenterhub.org/nichcy-resources/>

A quick roadmap of resources from A – Z!

Decoding Dyslexia

DecodingDyslexiaVA.WordPress.com

Resources and support for students with dyslexia.

Exceptional Children's Assistance Center

www.ecac-parentcenter.org

Family and community resources, early intervention providers and parent materials.
Phone: 1-800-962-6817

International Dyslexia Association

www.interdys.org

Resources and support for individuals with dyslexia.
Phone: 410-296-0232

Virginia Branch

<http://www.vbida.org/index.htm>

Email: info@vbida.org

Phone: 866-893-0583

LDOnline

<http://www.ldonline.org/>

Comprehensive resource guide, referral directory of professionals and products, active parent forums, helpful articles and more.

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Learning Disabilities Support Resources

Smart Kids with Learning Disabilities

<http://www.smartkidswithld.org/>

Newsletter with information to support parents of children with learning disabilities.

Understood - For Learning and Attention Issues

<https://www.understood.org/en>

<https://www.understood.org/es-mx> Spanish

Resources and support for parents to help their children unlock strengths. Offers access to experts, practical tips and technology.

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Medical Conditions Support Resources

American Diabetes Association

<http://www.diabetes.org>

Support through online chat, community programs, and family links.

Website for kids with diabetes and their friends and family

www.kids.jdrf.org

Website for kids with diabetes to meet others from all over the world

www.childrenwithdiabetes.com/kids

Phone: 1-800-DIABETES

Brain Injury Services

www.braininjurysvcs.org

Community-based services, case management and day support programs.

Springfield, Virginia

Email: info@braininjurysvcs.org

Phone: 703-451-8881

Cancer

www.lifewithcancer.org

Support and resources for children, teens and adults affected by cancer.

Fairfax, Virginia

Phone: 703-206-5433

For children who have siblings with cancer:

<https://www.alexslimonade.org/campaign/supersibs>

Cerebral Palsy

www.cerebralpalsysupportgroup.org

Monthly support group meeting. Visit the website for more information.

Email: mayyajaab@gmail.com

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Medical Conditions Support Resources

United Cerebral Palsy of Washington, D.C. and Northern Virginia

<http://www.ucpdc.org/>

Offers day supports and services for people with intellectual disabilities, physical disabilities and complex medical needs.

Phone: 202-269-1500

Children's National Health System

http://childrensnational.org/?sc_lang=en

Resources, information, programs, and blogs on different health topics.

Washington, D.C.

Phone 1-888-884-2327

Chronic Fatigue Syndrome (CFS NOVA)

<http://www.cfsnova.com>

Monthly support group meetings in Chantilly, Virginia for people with chronic fatigue syndrome, fibromyalgia syndrome and related syndromes. Email list, website, Facebook page, conference calls.

Email: cfsupport-owner@yahoogroups.com

Phone: 703-968-9818

Dysautonomia Youth Network of America Inc. (DYNA)

<http://www.dynainc.org>

Support group retreats in Northern Virginia, peer youth online support, one-on-one private mentorship to patients and caregivers.

Email: info@dynainc.org

Phone: 301-705-6995

Epilepsy Foundation

www.epilepsyfoundation.org

Local support, e-newsletter & community chat room for local chapters.

Charlottesville, Virginia

Email: ContactUs@efa.org

Phone: 800-332-1000

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Medical Conditions Support Resources

INOVA Kellar Center

<https://www.inova.org/healthcare-services/inova-kellar-center/services>

Provides behavioral health services for children, adolescents and their families. These services include intensive inpatient and outpatient programs for Mental Health and/or substance abuse related disorders.

Located in Fairfax, Virginia

Phone: 703-218-8500

Mental Health.gov

www.mentalhealth.gov

One-stop access to U.S. government mental health information and resources.

National Alliance on Mental Illness (NAMI)

www.nami-northernvirginia.org

Resources and information to services, treatment, supports, and research on mental illness

Phone: 703-968-4007

National Institute of Mental Health (NIMH)

<https://www.nimh.nih.gov/index.shtml>

Part of The National Institutes of Health, this section deals with understanding and treatment of mental illnesses through basic and clinical research.

Phone: 800-273-TALK (800-273-8255)

National Organization on Fetal Alcohol Syndrome

<http://www.nofas.org/>

Resources, education and list serv

Washington, D.C.

Phone: 202-785-4585

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Medical Conditions Support Resources

Northern Virginia Mental Health Institute NVMHI

www.nvmhi.dbhds.virginia.gov/

This is a short-term hospital to provide intensive treatment to individuals with acute mental health needs living in Northern Virginia between the ages of 18 and 65. Family therapy services are provided as well.

Falls Church, Virginia

Phone: 703-207-7100

Virginia State Mental Health Facilities

www.dbhds.virginia.gov/about-dbhds/facilities

List of state facilities that provide structured, intensive services for people of Virginia who have a mental illness, intellectual disabilities or are in need of substance abuse services.

Phone: 703-207-7100

The Arc of Northern Virginia

<http://www.thearcofnova.org/>

Offers support group list, and resources and information on many topics to help children and adults with intellectual and developmental disabilities and their families. These include transitioning, Medicaid waivers, guardianship resources, educational strategies, and special needs trusts.

Falls Church, Virginia

Email: info@thearcofnova.org

Phone: 703-208-1119

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Visual Impairment Support Resources

Ability One Program

www.AbilityOne.gov

This program creates jobs and training opportunities for people who are blind or have severe disabilities.

Access Services, Fairfax County Public Library

<http://www.fairfaxcounty.gov/library/branches/as/overview.htm>

This service offers library services to people with disabilities. These include: screen reader software, screen magnification software, text-to-speech reading equipment, a refreshable Braille display, and talking books. Home delivery is also available to residents of Fairfax County, the City of Fairfax, and the City of Falls Church through the free Talking Book Program of the Library of Congress National Library Service for the Blind and Physically Handicapped.

Phone: 703-324-8380; 703-324-8365 (TDD/TTY)

Email: access@fairfaxcounty.gov

Accredited Schools Online

<http://www.accreditedschoolsonline.org/resources/helping-students-with-visual-impairments/>

Resources, tools and technology to foster school success for students with visual impairments.

AIM-VA

<https://aimva.org/>

Offering free, accessible materials for Virginia's K-12 students with a print based disability.

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Visual Impairment Support Resources

American Council for the Blind

www.acb.org

The American Council of the Blind strives to increase the independence, security, equality of opportunity, and quality of life, for all blind and visually-impaired.

Phone: 202-467-5081

American Printing House for the Blind

<http://www.aph.org/resources/>

Resources on blindness and visual impairment

Phone: 800-223-1839

Directory of Low Vision Support Groups

This is a nationwide directory of Low Vision Support Groups.

http://www.earsforeyes.info/index.php/pages/Directory_Support_Groups.html

Family Connect

<http://www.familyconnect.org/parentsitetime.aspx>

Resources, ideas for experiences, support, and videos for parents of children with visual impairments.

Email: familyconnect@afb.net

National Association for Parents of the Visually Impaired

www.NAPVI.org

Information, resources and outreach for children who are blind or visually impaired.

Email: napvi@perkins.org

Phone: 804-938-1624

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Visual Impairment Support Resources

National Federation of the Blind

<https://nfb.org>

Support network for parents to share information and resources.

Baltimore, Maryland

Email: pmaurer@nfb.org

Phone: 1-800-562-6265 or 410-659-9314

Talking Book Service

Arlington County Department of Libraries

<http://library.arlingtonva.us/services/special-accommodations/talking-books-by-mail/>

Provides free, specially recorded, unabridged books and listening equipment to blind and visually impaired people who live in Arlington County.

Phone: 703-228-6333; 703-358-6320 (TDD/TTY)

Email: talkingbooks@arlingtonva.us

Virginia Association for Parents of Children with Visual Impairments

<http://www.inova.org/inova-in-the-community/care-connection-for-children/parent-resource-directory/vaapvi.jsp>

Support for families and professionals who care for children with visual impairments.

Email: dpeifer@vaapvi.org

Virginia Department for the Blind and Vision Impaired

www.vdbvi.org

This department offers a wide array of specialized services and programs for Virginia residents of all ages who are experiencing significant visual disabilities.

Northern Virginia office

Phone: 703-359-1100

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Additional Support Resources

Abused Children Therapeutic Support Group

<http://www.childhelp.org/>

Childhelp Children's Center of Virginia support group for parents of abused children. Crisis counselors available 24/7.

National Child Abuse Hotline: 1-800-4-A-CHILD

American Music Therapy Association

www.musictherapy.org

Offers music therapy interventions that can be designed to improve the quality of life for children and adults with disabilities.

Best Buddies of VA/Capital Region

www.bestbuddiesvirginia.org

Provides opportunities for one-to-one friendships and events.

Phone: 703-533-9420

Center for Independent Living

www.vadrs.org/cbs/cils.htm

Non-residential places where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Centers provide services and advocacy to promote leadership and independence.

Phone: 800-552-5019

Center for Parent Information and Resources

www.parentcenterhub.org

Information and products to help families of children with disabilities

Entry Point!

<http://ehrweb.aaas.org/entrypoint>

Program of the American Association for the Advancement of Science (AAAS) offering internship opportunities for students with disabilities in science, engineering, mathematics, computer science and fields of business.

Phone: 202-326-6649

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Additional Support Resources

Exceptional Children's Assistance Center

www.ecac-parentcenter.org

Newsletter, information packets and resources

Email: ecac@ecacmail.org

Phone: 800-962-6817

FORMED Families Forward

<http://formedfamiliesforward.org/>

Supports for foster, kinship and adoptive families of children with disabilities and special needs, include consultations, support and trainings.

Email: info@formedfamiliesforward.org

Phone: 703-539-2904

Formed Families Forward Resource Directory

<http://formedfamiliesforward.org/images/Formed-Families-Forward-2014-Directory-final-fnl.pdf>

This directory provides information about programs and services offered in Northern Virginia to support families formed by adoption, foster care and kinship care who are raising children and youth with disabilities and other special needs.

Got Transition?

www.gottransition.org

In conjunction with the Center for Health Care Transition Improvement, aims to advance access to effective transition support from pediatric to adult health care for all youth, including those with special needs.

JCCNV

<http://www.jccnv.org/>

Parent and caregiver support groups for children with special needs. Groups and classes for all ages - preschool-aged children to adults - with special needs.

Fairfax, Virginia

Email: <http://www.jccnv.org/forms/contact-us/>

Phone: 703-323-0880

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Additional Support Resources

My Life Without Limits

<http://mylifewithoutlimits.org>

Resource for individuals with a range of disabilities, providing ways for connecting with others.

National Stuttering Association

www.WeStutter.org

Self-help support organization. Support group for teens who stutter.

Virtual Stuttering Support: <http://www.westutter.org/search/support+groups/>

Email: info@WeStutter.org

Phone: 800-937-8888

Parent-to-Parent of Virginia

<http://www.inova.org/inova-in-the-community/care-connection-for-children/parent-resource-directory/parent-to-parent-of-virginia.jsp>

Family support, education and training for parents of children with disabilities.

Email: ptpofva@aol.com

Phone: 804-828-0352

PEATC – Parent Educational Advocacy Training Center

<http://www.peatc.org/>

Local Support Group list for parents.

Phone: 703-923-0010

PFLAG Annandale

<http://pflagdc.org/support/community-support-groups/virginia/pflag-annandale/>

Monthly group for parents, family and friends of lesbians and gays to empower all children to lead happy and productive lives.

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Additional Support Resources

Respite Care

[respitocareresources.pdf](#)

A list of organizations and groups that provide a safe, fun place for children with special needs while giving their parents and caregivers time to rest and recharge.

ServiceSource

www.servicesource.org/services-by-state/virginia

Providing employment and support services to people with disabilities.

Virginia Regional Office

Employment and Rehabilitation Services, Alexandria, Virginia

Phone: 703-461-6000

Habilitation Services, Springfield, Virginia

Phone: 703-354-0900

Special Ed Advocate

newsletter@wrightslaw.ccsend.com

A free online newsletter about special education legal and advocacy topics, including new cases, articles, seminars and training, special offers on books.

Specially Adapted Resource Clubs

www.sparcsolutions.org

An innovative clubhouse model supporting young adults with life-long physical and/or developmental disabilities. Located in Reston and McLean.

Phone: 703-338-6185

Tourette Syndrome Association of Greater Washington

www.tsagw.org

Support groups, presentations, referrals and events for children with Tourette Syndrome.

Email: info@tsagw.org

Phone: 401-867-1151

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Additional Support Resources

T/TAC: Training and Technical Assistance Center

<http://ttaonline.org/>

Extensive online resources for parents in Virginia

UMFS Adoption Services

<http://www.umfs.org/>

Support group and adoptive family preservation program Alexandria, Virginia

Email: nova@umfs.org

Phone: 703-941-9008

US Department of Education

<http://www2.ed.gov/parents/needs/speced/edpicks.jhtml>

Resources for parents of children with special needs and disabilities

Virginia Association of Community Rehabilitation Programs

www.vaaccses.org

Statewide association of organizations providing quality employment, residential, day support, training, and support services for persons with disabilities.

Phone: 571-339-1305

WrightsLaw

wrightslaw@wrightslaw.com

Articles, trainings, and seminars, on different topics including IEP's and the special education process

Yellow Pages for Kids With Disabilities

<http://www.yellowpagesforkids.com/help/va.htm>

A directory of psychologists, diagnosticians, health care specialists, academic tutors, speech-language therapists, advocates, and attorneys in Virginia.

The resources listed here are provided for informational purposes only. They do not reflect recommendations or endorsements by Fairfax County Public Schools (FCPS) or the FCPS Parent Resource Center.

Brain Injury Services

<http://braininjurysvcs.org>

Case Management services including respite referrals for child, adolescent and adults with brain injuries.

Child Care Aware

<http://www.naccrra.org>

Administers Respite Care programs for Army, Marine Corps, Navy and Air Force. Families must meet certain criteria.

Chimes Virginia

www.chimes.org

A multi-service agency providing a wide range of services including respite to all ages.

Developmental Support Associates

<http://developmentalsupport.com>

Provides in-home, community and vacation respite for all ages.

ENDependence of Northern Virginia

www.ecnv.org

Provides information and referral for development delay waiver which includes varied supports for children 6 years and older.

Exceptional Family Member Program (EFMP)

<http://www.militaryfamily.org/info-resources/efmp-special-needs.html>

Military family members with special enrollment may be eligible to receive free respite care for a special needs family member. [EFMP Quick Reference Guide](#)

Fairfax County Department of Family Services

www.fairfaxcounty.gov/dfs/kinship

Supports and referrals on child care and respite for grandparents/relatives raising children.

Fairfax-Falls Church Community Services Board

www.fairfaxcounty.gov/csb

Group homes, education and respite outreach for all ages.

Hartwood Foundation

www.hartwoodfoundation.com

Provides emergency respite services and other services for the intellectually disabled.

Jill's House

<http://jillshouse.org>

Residential respite care for the intellectually disabled.

McLean Bible Church

www.mbctyson.org

Friday and Saturday night respite for special needs and siblings.

The ARC of Northern Virginia

www.thearcofnova.org

Information and referrals for respite care.