



AUMC WITNESS

Our Mission: Love God, Love Neighbor, Serve the World

Annandale United Methodist Church
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Ministers:

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Rev. Eduardo Carrillo
Rev. Cynthia Johnson-Oliver
Rev. Luz Zuleta

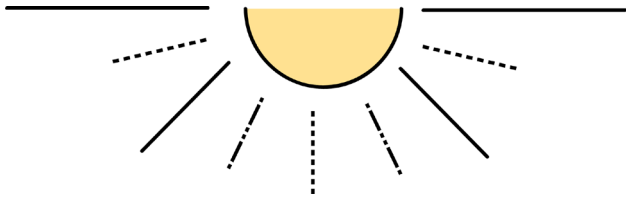
Vol. 11 No.10



We are a Stephen Ministry Church

May 20, 2014

Summer Funformation



Vacation Bible School, July 7-11

Summer is coming so Vacation Bible School time isn't far off! One of the highlights of summer at AUMC is Vacation Bible School. This year's VBS, called "Walking in God's Light", is scheduled for July 7-11, from 9 a.m. til 12 noon. Children will hear the story, create unique crafts, play games, enjoy special music, great snacks, spend fun time with friends, and more! To participate, children must be 3 years old by Sept. 30, 2013, through the 4th grade. If you are in 5th grade or above, and don't want to miss the fun, sign up to be a volunteer! There are a variety of tasks for volunteers, depending on your interest.

It's easy to register as a participant or a volunteer. We even offer child care for volunteers with children too young for VBS. To sign up your children or to volunteer, visit www.annandale-umc.org or pick up a form in the church office. For more information contact Becki Stewart, Director of Children's Ministries, bstewart@annandale-umc.org or 703-256-8330. 5th grade and up – be part of the fun by volunteering to help with a class or center.

Registration is \$15 for your first child and \$10 for each additional child, \$35 maximum per family.

Other summer fun activities at AUMC:

Brethren Concert, June 7, 6:30 p.m.

Youth Mission Trip, week of July 14

Youth Week, week of July 28

AUMC'S GOT TALENT

Talent Show and Ice Cream Social, June 1

Save the date! Sunday night, June 1 at 6 p.m., for the Annual Church-Wide Talent Show, AUMC's Got Talent, and Ice Cream Social in the Sanctuary and Wright Hall. Come for a great night of fun and fellowship! Sign up now for a slot – there's room for everyone! Last year's event was a huge success and we are confident that this year's talent will be even better. If you sing, play an instrument, dance, act, juggle, or whatever, come and be a part of this great evening for the whole Annandale church family! To sign up or for more information, contact Pat Vaughn at pvaughn@annandale-umc.org or 703-256-8330. Signups are needed by Wednesday, **May 28**.

Kids In Mission, July 14-17

The Kids in Mission (KIM) program is four evenings of fun activities designed to give kids an opportunity to "give back" to the community. Children will participate in hands-on projects that focus on mission and service – loving neighbor and serving others. Each evening we'll work on a special project either at the church or nearby off-site locations (such as the ACCA food pantry and a local grocery store to shop for those in need). KIM is for children who are rising 3rd through 5th graders (as of Sept. 30, 2013). The Registration fee for KIM is \$15 for the first child and \$10 for each additional child (\$35 maximum per family). The fee covers the service project, snacks, and activities. Adult volunteers are also needed; since this is an evening program, it is ideal for parents and others who work during the day. Register as a participant or a volunteer. Visit www.annandale-umc.org or pick up a form in the church office. For more information contact Becki Stewart, Director of Children's Ministries, bstewart@annandale-umc.org or 703-256-8330.



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How Are We Doing?

Grace and peace in the name of our Savior!

It is our custom as we encounter each other to ask, “Hello! How are you doing?” Many of us respond, “I’m fine!” Some of us have crafted various humorous

responses, such as “I’m this side of the dirt,” or “I’m fine for the shape that I’m in!”

We formulate these responses because either we don’t want to rehearse a litany of how it really is with us or we feel that the inquirer doesn’t really have the time or interest in hearing the same. The fact of the matter is that many of us are not well.

This is the focus of Eric Law’s chapter on the currency of wellness in his book, *Holy Currencies: Six Blessings for Sustainable Missional Ministries* (St. Louis: Chalice Press, 2013). He describes wellness of the body as the interdependent functioning of several systems, with particular attention to the circulatory system, which brings needed nutrients to and carries used materials away from the cells of the body. The same principle of interdependence and circulation attends to communities of faith – the body of Christ.

“How do you know your body is not well? What are the external signs? What are the internal causes for the body not being well? These are the questions we ask in diagnosing the health of our bodies,” Law says. “The other major part of wellness has to do with the cycle of work and rest—when we are awake, we are doing things, exercising and moving the different systems; when we are asleep, all the systems rest and restore themselves,” he continues. In so saying, Law connects the currency of wellness of the body – individual and communal – to the biblical concept of Sabbath. Sabbath is the key to creating a sustainable healthy community and, in the Judeo-Christian context, they are commanded by God for the human community to follow.

The currency of wellness is the state of being healthy—physically, socially, economically, ecologically, and spiritually; both within your church or ministry, as well as in your neighborhood, town or city, nation, and the earth itself, especially as the result of deliberate effort. Sustainable wellness requires a regenerative and re-circulatory flow of material, human, financial, and natural resources.

Sabbath as prescribed in the Scriptures may not be

how we can take Sabbath today. So we need to find creative ways to take Sabbath. Sometimes it just means to stop and choose another path; take a break, find another way. Rest. Refresh. Renew.

As we continue to recast stewardship in a healthier, more holistic way, I pray for us all a more intentional path to wellness.

Yours for a Vital Witness to Christ,

Clarence
Clarence

AUMC’s Stop Hunger Now meal packaging event will be Saturday, May 31, from 8:45 a.m. until 1 p.m. in Wright Hall. Lots of helpers are needed! Help end hunger by packaging and distributing meals for hungry people all over the world. There are several different tasks to choose from. A refreshment table for volunteers will be set up and donations of baked goods, fresh fruit, granola bars, and other snacks are welcome. Drop off donations of refreshments on Friday, May 30, in the kitchen or Saturday morning, May 31 in the Coffee Café off the atrium.

King’s Dominion Family Fun Day is Saturday, July 19, for the Virginia Conference of the United Methodist Church. Additional discount days at the amusement park for the Methodist Church are June 26, 27, 28, 29, 30, July 1 – 6 and July 18 – 20. Entrance fee is \$31.99. Children ages 2 and under admitted free. Purchase park only tickets online at www.kingsdominion.com and use promo code: KDUMC14. For up-to-date park information, including hours, go to: www.kingsdominion.com.

DATEBOOK

- May 26** – Memorial Day Tribute
- May 31** – Stop Hunger Now
- June 1** – Talent Show and Ice Cream Social
- June 7** – Brethren Concert
- June 8** – Youth Sunday
- June 11** – Wednesday Night Together

NEWS IN BRIEF

Accountant position available: the church office is recruiting for an accountant. For details, contact Garry Bell, gbell@annandale-umc.org or 703-256-8330.

All men are invited to the next UMM great Steak Dinner on Thursday, May 29, at 7 p.m. in Wright Hall. If you haven't been before, we enjoy a terrific meal and fellowship, so bring a friend! RSVP to Gary FitzGibbon at gary@garyfitzgibbon.com or 703-963-8707.

Calling All Women! We need you! As you recall, our men did an outstanding job of leading us in worship for Mother's Day! Now is your chance to shine! On Father's Day, June 15, we are going to give our men in the Adult Choir the morning off and fill our loft with the women of AUMC! If you have never sung in your life, this is your chance! We will have a special rehearsal on Wednesdays, May 28, June 4 and 11 from 8 - 8:45 p.m. and we want you to join us! Prior choir experience is not required, just a willing heart for God and a desire to sing with a great group of ladies! We hope to see you on June 4 in the Choir Room at 8 p.m. for rehearsal!

High School and College Grads: May 23 is the deadline to submit information for an upcoming issue of the Witness which will highlight AUMC's 2014 college and high school graduates. Please email information to bgordon@annandale-umc.org.

New Member Class "Brownies with Brown" will meet on Sunday, May 25, 9:45 a.m. in room 212C. The class, taught by Rev. Dr. Clarence Brown, Jr., is a time of exploration and discernment of what it means to be a disciple of Jesus Christ at Annandale UMC. Topics will range from Wesleyan Theology to United Methodism 101; from Stewardship to Spiritual Gifts. Pre-registration is not necessary. For more information, call 703-256-8330.

Sermon Series Update: Upcoming sermons and who is preaching: May 25, "Praying Without Being Selfish" – Rev. Eduardo Carrillo; June 1, Healing Service, Dr. Brown, Rev. Carrillo, Rev. Johnson-Oliver; June 8, Youth Sunday, Trish Bradley, Director of Youth Ministries.

Attention gardeners: If you have extra harvest which your family cannot use, it would be a blessing to a family in Annandale. Bring your donations to the Heritage Drive campus Fellowship Hall any Thursday afternoon. If you have questions, call Betsy Clevenger 703-425-6424.



American Legion - AUMC Memorial Day Ceremony, Monday, May 26

American Legion Post 1976 will make its annual Memorial Day tribute to veterans buried in AUMC Cemetery on Monday, May 26. During the ceremony, an American flag will be implanted in each interred veteran's grave site. Members of the congregation and the community are invited to witness and participate. Those attending should gather at the cemetery flagpole at 8:50 a.m.. Memorial Day is an appropriate time to become acquainted with the dignity, beauty, and historical richness of the AUMC cemetery which contains not just the grave sites of military veterans but also the final earthly resting places of many members of our church's founding families.

Following the cemetery tribute, Legion Post 1976 will lead a Memorial Day flag and community observance at 11 a.m. at the cannon in the triangle at the intersection of Columbia Pike and Backlick Road. At its conclusion, those in attendance are invited to visit the Legion Post Home located near the triangle for light refreshments.

Military Veterans Interred in Annandale United Methodist Church

James Benjamin Bladen, U.S. Air Force, Site 36C, passed 2006
Betty M. Bullock, U.S. Navy, Site UG20A, passed 2007
Howard B. Bullock, U.S. Army, Site UG20B, passed 2013
Edward Blocksom Bunch, U.S. Army, Site 77A, passed 1972
William Chapman, U.S. Navy, Site 76A, passed 2007
Aubrey Chason, U.S. Army, Site 28A, passed 2009
Henry C. Cock, Army (Confederate), Site OS12, passed 1910
Dale Farringer, U.S. Navy, Site 57E, passed 1993
Philip Gibson, U.S. Army AF, Site 7C, passed 2004
Theodore P. Gleiter, U.S. Navy, Site 71A, passed 2009
F. Dean Hannah, U.S. Navy, Site 53A, passed 1996
George Hartley, U.S. Army, Site UG15B, passed 2006
George W. Hill, Sr., U.S. Army, Site 34A, passed 2011
John A. Jackson, U.S. Army, Site 62A, passed 2011
Edward Kysar, U.S. Army, Site 69A, passed 2004
Maurice Lacy, U.S. Army, Site 60D, passed 2003
Margaret Ann LaPlante, U.S. Army, Site UG13B, passed 2013
Charles Lynch Jr., U.S. Air Force, Site 44F, passed 2004
Charles Lynch Sr., U.S. Navy, Site 44 E, passed 1988
Sam Lynch, U.S. Army, Site 76D, passed 1981
Ralph May, U.S. Army, Site UG12A, passed 2004
Sanford W. Merryman, U.S. Navy, Site 33D, passed 1996
Amy Mikel, U.S. Army, Site 73B, passed 2005
Russell Mikel, U.S. Army, Site 73A, passed 2002
Malcolm R. Moore, U.S. Navy, Site 43 E, passed 2008
Jack Pierce, U.S. Navy, Site 54A, passed 2004
Donald L. Plucknett, U.S. Army, Site 8A, passed 2007
Gene C. Trent, U.S. Army, Site 79F, passed 2013
Elhanan W. Wakefield, U.S. Army, Site OS 4, passed 1920
Lowell Wakefield, U.S. Army, Site OSI, passed 1978
John C. Webb, U.S. Army, Site 13C, passed 2000
Shelton T. White, U.S. Army, Site 30E, passed 1994
George H. Williams, Army (Confederate), Site OS64, passed 1929
Wasena F. Wright, Jr., U.S. Army, Site 42E, passed 2003
John Joseph Zych, U.S. Army, Site 66C, passed 1989

MINISTRY MEETINGS

Tues., May 27	SPRC	7 p.m.	Room 210
Tues., June 3	Trustees	7:30 p.m.	Room 303
Wed., June 4	Stephen Ministry	7:30 p.m.	Room 303

LECTIONARY TEXTS

May 25, Sixth Sunday of Easter: Acts 17:22-31, Psalm 66:8-20 (UMH 790), I Peter 3:13-22; John 14:15-21

June 1, Seventh Sunday of Easter: Acts 1:6-14; Psalm 68:1-10, 32-35 (UMH 792); I Peter 4:12-14, 5:6-11; John 17:1-11

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(USPS 046-900)

Send address changes to:

Annandale United Methodist Church

6935 Columbia Pike, Annandale, VA 22003-3458

Published biweekly.

Periodicals Postage Paid at
Annandale, VA 22003

WEEKLY VOLUNTEERS

Sunday, May 25

Door greeters: 8:10 a.m. R. Hampton, W. Lord
9:30 a.m. B. Brown
10:30 a.m. W. Ward

Welcome Desk: 8:30 a.m. M. Cody, 11 a.m. A. Lohr

Fellowship hour: Mary and Martha Circle

Ushers: 8:30 a.m. J. Clarke, S. Naugle, E. Sackey, S. Fleming (c)
11 a.m. S. Fleming, C. Jones, C. Jones, P. Adams (c)

Sunday, June 1

Door greeters: 8:10 a.m. S. Fleming, J. Beyer
9:30 a.m. D. Ruhter
10:30 a.m. L. McConville, E. Moss

Fellowship hour: Phoebe/Lydia Circles

Ushers: 8:30 a.m. S. Chase, S. Groves, D. Pemberton,
E. McKenney (c)
11 a.m. D. Davis, R. Gallagher, C. Perdue, P. Shockley (c)

NEXT DEADLINE

Friday, May 23 is the deadline for the June 3
Witness which covers June 8 and 15

AUMC car magnets are available for a suggested donation of \$5 each as a fund raiser for AUMC's summer Youth Mission Trip. (Please pay by check or with exact change.) The 7" oval magnets have a white background with the letters AUMC in red in the center. Around the edge are the words Annandale United Methodist and the web site www.annandale-umc.org. The magnets can be purchased in the church office during the week. The Youth appreciate your support!

Volunteer opportunities at the Heritage Drive Campus: Food Distribution operates on Thursdays from 5 - 7 p.m. Contact Betsy Clevenger, 703-425-6424. ESL classes meet on Tuesdays from 7 - 9 p.m. Contact Mike or Liz Hoefler at 703-845-7751. A Tutoring Program, contact Barb Pearson at b-pearson@cox.net or 703-323-6114. For additional ideas and questions about our Heritage Drive Campus, contact Bill Sinclair 703-321-7529.

Helpers needed for VBS: volunteers, center leaders, and shepherds are needed for AUMC's Vacation Bible School "Walking In God's Light" July 7-11, 9 a.m. to noon. Contact Becki Stewart, bstewart@annandale-umc.org or call 703-256-8330.

June 1 is the deadline to sign up for the Volunteers in Mission adult mission trip to Brenton, WVa. with the Appalachian Service Project is scheduled for Sept. 21-27, 2014. Cost for the trip is \$525 and includes transportation, lodging, meals and all construction materials. Volunteers who cannot go for the full seven days are welcome. Some may go Sunday and return Wednesday or early Thursday at a cost of \$350. Contact John Clarke by phone or text 703-606-6464 or email clarkehj1@gmail.com. Commitments are needed with a nonrefundable deposit of \$250.

Thank you to all who baked cookies, prepared placemats, and prayed for our team and the residents at the Greensville Correctional Center during our Kairos program, April 10 - 13. This ministry is powered by your support. Love was shared. Forgiveness was given and received. Men's lives were changed and transformed. Men are starting a new journey with Christ. With our sincere appreciation, the Annandale UMC Kairos Team.

Fall Enrollment is underway for AUMC's Early Learning Program for children 1 - 3 years. Call 703-256-8667.